

VITAL SIGNS

Stories of Health and Hope from Around the World



IMPROVING HEALTH



INCREASING ACCESS
TO MEDICINE



RESPONDING
TO DISASTERS



Victoria and her family find a pathway to health as part of the Americares Family Clinic PASIS program in rural El Salvador.

One Million People Helped, One Person at a Time

Amazing things happen when Americares supporters provide access to quality health care—individuals, families and entire communities experience better health and enhanced resilience.

That is the case in El Salvador, where we have worked for more than 40 years and provided medicine, medical supplies and health services valued at hundreds of millions of dollars. Our emergency response to the 2001 earthquake in El Salvador led to construction of the **Americares Family Clinic**.

One person touched by your support is Victoria. Victoria, her husband and two young children get by, barely, on a monthly income of \$80.

Health care was simply not affordable, so they went without it, even though Victoria knew she had diabetes. After hearing about the Americares Family Clinic, she now receives treatments for diabetes.

Continued on page 3

Crying for Joy

The clinic's maternity ward was nearly silent. The only sounds came from resuscitation equipment and an AmeriCares-trained midwife working to save a newborn suffering asphyxiation.

After 25 minutes of continuous resuscitation, the baby took his first breath and let out a piercing cry. The midwife said, "Hearing that cry was one of the most joyful moments of my career."



A mother and a local healthcare professional hold young children outside gift-in-kind partner Pipeline Health Center in Monrovia, Liberia.

This remarkable scene played out at a clinic in Liberia that you are helping to supply and support. The health system in Liberia was decimated by war and a deadly Ebola outbreak that infected hundreds of health workers. As one of many consequences, expectant mothers were left to give birth at home without trained birth attendants or safe facilities.

Skills training and equipment from AmeriCares are helping Liberian midwives improve this dangerous situation for women and give babies a healthy start. This work wouldn't be possible without your help. And that is a good reason to cry tears of joy. ❤️



Letter from the CEO

I recently had the privilege of speaking with my colleagues working at the AmeriCares Family Clinic in El Salvador. What I shared with them applies to you as well.

"Each of you sets the standard for providing quality health services. The care you deliver and support is not only the highest standard, but it's also warm and compassionate.

"Thousands of Salvadorans depend on you for health services that heal, prevent disease, and change lives for the better. You are a true living example of our values, with a commitment to quality, growing and improving to ensure individuals and communities thrive.

Thank you for your passion to make a difference in the lives of so many people."

Warm, compassionate and passionate about providing health services certainly describes you! I can never thank you enough for being a partner in our efforts to improve and save lives worldwide.

Christine Squires, President and CEO

Emergency Response Updates

Each year, AmeriCares responds to more than 35 natural disasters and humanitarian crises, providing both immediate relief and long-term recovery support. As hurricanes, wildfires and other disasters grow more frequent and severe, the need for preparedness has never been greater.

When Hurricane Helene struck last September, flash flooding and destruction spread across five states. AmeriCares responded immediately, delivering medicines, infant formula, tetanus vaccines and antibiotics. Thanks to donor support, we also provided over \$1 million in funding to help local health organizations stay open. Weeks later, we remained in the impacted communities, helping restore health services and strengthen community resilience.

While we were still supporting services in the Southeastern states, wildfires in Los Angeles displaced over 150,000 people, destroying homes and filling the air with hazardous smoke. AmeriCares teams provided medicine, safe drinking water and relief supplies. We continue working with local clinics to connect displaced families with recovery resources and provide first responders with mental health care to process what they have experienced.

As extreme weather disasters intensify, AmeriCares is committed to staying in affected communities for the long haul. With your support, we can continue rebuilding lives and strengthening health systems — when and where they're needed most. ❤️



Left: AmeriCares and Lestonnac Free Clinic distribute hygiene kits and emergency cash assistance to individuals and families affected by the Los Angeles wildfires.

Right: Sheriff Beam of Elk Park, NC receives a Tetanus vaccine at the AmeriCares Mobile Medical Unit providing free medical care for the local community affected by Hurricane Helene.



One Million People Helped continued from page 1

For Victoria and thousands of patients in her community, the clinic offers comprehensive, high-quality, low-cost care — from general medicine to dentistry, pediatrics to gynecology and health education outreach. This comprehensive approach is based on our four primary health care principles: Promotion, Prevention, Healing and Rehabilitation.

The AmeriCares Family Clinic sees nearly

30,000 patients annually. Your generosity has helped our staff and partners care for a total of more than one million patients in El Salvador since 2003 — each one treated with the compassion and dignity all people deserve.

Victoria is grateful for the medicine provided by AmeriCares to help manage her diabetes. She extends heartfelt gratitude to our supporters while hoping “this program keeps going to benefit more people.” ❤️

Partner Profile: Rural India Supporting Trust

Americares extends the reach and impact of every donation by collaborating with trusted partners to expand access to health care services and save lives.



Our partners at the Rural India Supporting Trust (RIST) are helping to implement a five-year comprehensive **Urban Health Strategy** to deliver primary quality care to people in Mumbai.

Here are some of the accomplishments of the past four years:

- Conducted **650,000+ patient consultations** and provided **30,000 patient referrals**.
- Prescribed **16,500 diabetes treatments**.
- Held **1,685 mental health education sessions** for 22,000+ participants.
- **Trained 122 health care providers** in diabetes and hypertension management.
- **Educated 18,000+ students** in health, hygiene and nutrition across **93 urban schools**.

Through the Urban Health Strategy, quality care is provided through eight Mobile Health Centers serving people in 130 locations. This comprehensive approach also strives to have a positive impact on the health of Mumbai school children by conducting screenings and interventions for anemia and vision health.

We are grateful to our partners at RIST and everyone involved in Americares lifesaving work. ❤️

Act Fast To TRIPLE Your Impact!

The Americares *Spring Matching Gift Drive* is underway. Any amount you donate today will be matched 3-to-1 to make your support go three times as far towards helping deliver medicines and supplies where they're needed most.

Use the enclosed form and envelope to send your lifesaving gift, or donate online at **[Americares.org/SpringNews25](https://www.americares.org/SpringNews25)**. Thank you! ❤️



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Americares is a health-focused relief and development organization that helps people affected by poverty or disaster with life-changing health programs, medicine and medical supplies.

Emergency Response Partners

These organizations support Americares year-round readiness for global emergencies:

Baxter International Foundation
Bridgemill Family Foundation
Catalent
Cencora
Chevron
Daiichi Sankyo Inc.
Dean and Denise Vanech
Elevance Health Foundation
Envestnet Asset Management
Integra Foundation
Medtronic
Northrop Grumman
Novartis
Odyssey Group Foundation
Olympus
Patagonia
PVH Foundation
Teleflex Foundation
Vertex Foundation
Voya Foundation
Xylem Watermark