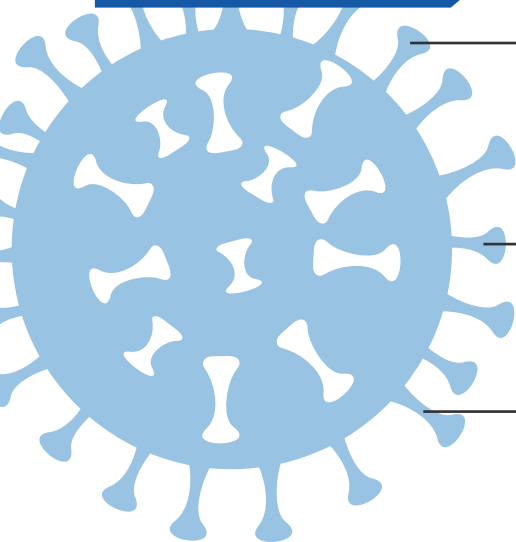


Post-COVID Conditions (PCC)

Your Guide to Research & Patient Support

Supporting patients with PCC requires easy access to the latest research, educational materials and support groups. This guide offers a central location for these resources.

Research Hubs



National Institutes of Health (NIH) RECOVER Initiative:

This initiative brings together researchers, doctors, patients and caregivers to study, treat and prevent PCC. They have created one of the world's largest and most diverse groups of study participants.

recovercovid.org

Long COVID Alliance:

This alliance is a network of patient advocates, scientists and medical professionals working together to educate policymakers and accelerate research on PCC.

longcovidalliance.org

Centers for Disease Control and Prevention (CDC):

The CDC offers up-to-date guidelines and information about PCC for both healthcare providers and patients.

cdc.gov/coronavirus/2019-ncov/long-term-effects

Support Groups

National Support Groups: While some national groups like Survivor Corps exist on Facebook, local support groups are valuable as well. Here's how to find them:

Online Search:

Look for keywords like "Long COVID support group near me."

Social Media:

Search for Facebook groups using keywords like "Long COVID support" or "Post-COVID conditions." Many groups cater to specific needs (e.g., young adults with Long COVID, caregivers, etc.).

Local Resources:

Local hospitals or clinics may host support groups in your area.

Educational Materials for Patients

Vaccine Resource Hub:

This website offers resources about vaccines in over 50 languages. These include graphics, videos and other materials. They also have some resources specifically about PCC/long COVID.

vaccineresourcehub.org

Remember, you are not alone in supporting patients with post-COVID conditions. Utilize these resources to stay informed and empower your patients on their road to recovery.



Americares saves lives and improves health for people affected by poverty or disaster so they can reach their full potential.

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